**Reflection from Badminton 2 Lesson – January 2013**

- **Strength** – I gave a lot of congruent and specific feedback to my students during this lesson. The students responded well to this feedback and made corrections accordingly. I saw improvement in the skills by the end of the lesson.

- **Strength** – I stated my objectives clearly at the beginning of class, and then checked for understanding at the end of the lesson. This ended the class in a calm and controlled fashion and gave students the opportunity to explain what they learned that day in class. By tying together the objectives with the conclusion, the students were better able to understand how learning lifetime activities like badminton are important to lifelong fitness.

- **Improvement** – My demonstration of the drop shot was absolutely terrible. I tried approximately 5 times to show the students a correct example, and I was unsuccessful every time. My nerves got the best of me with 60 students watching. But, I stuck to my cues and told the students that it was a more situational shot and would come naturally to them in a real game.

- **Improvement** – The students who were on the edges of the gym began to pick up spare rackets and play with them. This caused safety issues because they were swinging them around at each other. With 60 students in a small gymnasium, safety is a huge concern of mine. I need to be restate the safety protocols and make sure that the students understand what is and what is not acceptable behavior.

- **Insight** – The students are extremely enthusiastic about badminton. I had no idea that this unit would become so competitive and intense. The fact that the students are excited about the games makes it much more exciting to teach them. When students are willing to learn, it is much easier to teach.
Reflection from Scoop Activities 1 Lesson – March 2013

- **Strength** – I circulated throughout the gymnasium and gave feedback to every single student in the class. This encouraged the students to succeed and really improved their performance. I need to continue to instruct every student to make sure they are all receiving the chance to improve.

- **Strength** – This lesson was a great one to start the scoop unit. I stated the safety protocols clearly and effectively to ensure student understanding. Since scoopers are a hard implement, safety is extremely important. Elementary students need to be reminded more often of the safety rules, but since I stated them so clearly at the beginning of the unit, I hope to eliminate many behavior issues.

- **Improvement** – I did a lot of talking during the lesson. I need to work on being concise but complete in my explanations of the protocols and directions. I repeated a lot of my information, but I just wanted to be safe. I also talked extremely fast and I think I lost some of the students. Their short attention span cannot focus on directions for such a long period of time, so I need to work on cutting down the talking.

- **Improvement** – The transitions were a little rocky during this lesson. I need to find a way to distribute and collect the equipment in a safer, more organized and efficient way. I lost a lot of time during the long transitions.

- **Insight** – The elementary students are a huge change from the high school students. After working with the high schoolers for so long, I was extremely excited to meet the younger students. I found that I am much more exhausted at the end of the lesson as opposed to the high school lessons. I will need to adjust to this change and adapt to the new age group of the students.
Reflection from Decision-Making Lesson – January 2013

• **Strength** – I was able to rearrange the lesson to coordinate with the shortened schedule due to the early dismissal. I modified all of the activities so I could cover all of the lecture material but still structure a fun learning activity for the students. At first, it was a struggle, but I quickly adapted to the new schedule. This will happen often when I am really teaching, so it was great that I got to experience it while I was student teaching.

• **Strength** – The students worked very well together and stayed on task for the entire lesson. I was able to offer them discussion questions and prompts so they would not lose their focus. This gave the students a great learning environment that emphasized student-centered learning.

• **Improvement** - The closure of the lesson was cut off because of the time limit. I need to work on improving my closures and time-management. It took longer than I thought it would to settle the students down and bring them together for a closure.

• **Improvement** – The overhead projector was giving me problems during this lesson. I struggled to keep the lecture going smoothly. I need to create a back-up plan to resort to if the technology does not work.

• **Insight** – I was surprised that the students were so on-task during the lesson. Usually, they would have been unable to focus since they knew that they were getting out of school early. But, they were able to concentrate and get their work done without much pressure from me.